SAFETY PLAN

In This Safety Plan is an outline of the Safety Talk and Safety Equipment carried by Nature Nicole Whitewater LLC. We focus on preventative safety first but are prepared for accidents that can happen in a dynamic river environment and will even be practicing the safe use of equipment needed to rescue watercraft. If you drove here, congratulations you have survived the most dangerous part of your day! Remember, most accidents happen on shore and include slips, trips and falls which our First Aid Kit can handle. However, for injuries requiring definitive medical care, we will do everything possible to transport the patient or arrange for transport as quickly as possible. The reality is that evacuations from a river environment are lengthy, dangerous to the rescuers, and costly. Evacuations may require outside help from the Coast Guard, Helicopters, trained search and rescue teams, and ambulances. One to a medical facility, care is expensive! For that reason, Nature Nicole Whitewater LLC REQUIRES health insurance for participants.

MINIMUM REQUIREMENTS

In accordance with ORS Chapter 704.070 Requirements for safety equipment, experience, and training:

(a) Equip each boat with a rescue throw bag, complete with a 75ft length of artificial fiber rope.

(b) All persons on any section of waters rated as class III or higher will be offered a helmet in accordance with the law. Nature Nicole Whitewater LLC REQUIRES helmets while on class IV whitewater.

(c) On any section of waters rated as class III or higher, require that all persons wear a properly secured United States Coast Guard approved personal flotation device intended for whitewater use. Nature Nicole Whitewater LLC REQUIRES a PFD to be worn at all times on the water.

(d) The following equipment must be carried on trips:

-A first aid kit adequate to accommodate each activity, group, or subgroup

-Adequate repair kits and spare supplies appropriate for the trip and activity

(e) Prior to providing services, the Guide has completed at least one trip on that section of water in a non-motorized boat; and has been trained in:

* Equipment preparation and boat rigging.
* Understanding and recognizing river characteristics and hazards.
* Methods of scouting rapids.
* Methods of physically guiding boats through rapids.
* Proper client communication.
* How to provide paddling and safety instruction.
* Methods of river rescue techniques
* emergency procedures and equipment recovery

GUIDING (US Forest Service Definition) Providing services or assistance such as supervision, protection, education, training, packing, touring, subsistence, interpretation or other assistance to individuals or groups in their pursuit of a natural resource-based outdoor activity for pecuniary remuneration or other gain.